

Maggie was born into a family rooted in the sport of water polo. Her father, a native of Puerto Rico, played for Puerto Rico in three Pan American Games. He was on the water polo team at UC Berkeley, and was the leader of the squad's 1977 NCAA championship title. Her older sister, Jessica, played water polo at Stanford University and was on Team USA at the 2008 and 2012 Olympics.

At the 2012 Games, Maggie scored seven goals in the first match, tying the Olympic single- game record. At the conclusion of these Olympics, Maggie scored 21 goals; setting a new Olympic record for the most goals scored in women's water polo tournament. She also earned her first Olympic Gold medal. Four years later, at the 2016 Summer Olympics, Steffens led the team in scoring with 17 goals, and walked away with her second Olympic Gold. At the 2020 Olympics, Maggie led Team USA to another Gold!

Outside of the pool, Maggie co-founded the business "6-8 Sports" with fellow Olympic legend Tony Azevedo.

